

FRIDAY 21ST APRIL 2023

With Lavinia Ponling

Last week I had the pleasure of doing a pre-recording with five parents - Katie and Steve, Ali and Neil, Louise with apologies from Mike. Amongst other things around SEN children, we were talking about the TAG team, and how parents try to support one another despite the work and family commitments, and we realized at the end that the TAG Team extended to including myself in helping nurture the parents and the young person. If you would like to watch this program, we are hopeful it will be uploaded today. And if you have any questions, our guests will be happy to answer them..... so lovely of them to extend this to our TMW family - big thank you.



On Monday Yasmin and I went to Bangor University to attend the Cross Part Autism Group. A speaker was planning to talk about Patient experience but had stepped down on Friday afternoon, and I agreed to step in. Whilst there was a handful in the room, there were over 50 other individuals scattered across Wales. I was the last speaker, and, despite the system not moving the slides for those on Teams, I was able to talk about my favourite subject of Mental Health and Autism. Yasmin and I felt it was a very positive experience with the networking we were able to do as well as being able to talk from a Mental Health perspective about Autism and PDA. Parents run the risk of being dismissed of their observations and even targeted with Fabricating Induced Illness (FII) for professionals not listening to parents and not understanding PDA.





N E D ' S

On Tuesday evening I met with the NEDs over zoom to discuss the accounts and data results around referrals and timely responses to reports. Wendy is our newest NED and works with data daily in her job role, so has been able to help us out. She had turned all my data collection into nice posh fancy graphs! Better still, she was able to explain further to the NEDs what I have been up to with seeing clients, as well as how able I was in turning around reports. Big thank you to her as the NEDs were not only very complimentary but also finally able to see and understand my job roles visually.



Wednesday was a bit different in that I met with a film studio to see whether I can assist them as a Mental Health and Autism specialist. Lots of people think I can do this really well, but obviously the film studio have their project and know what they are looking for, so let's watch this space as to whether they wish to invite me on board as one of their specialists.

Charlotte, our Accountant, has been very busy with her other clients, and so we were getting nervous we would fail the deadline set by Companies House. She is very good at keeping us on our toes and pulling everything together at the last minute. Yesterday afternoon before the end of the working day and deadline, she sent a link to John and I showing us that he was officially a Director for Emotional Problem Solving Ltd, sister company to TMW cic.

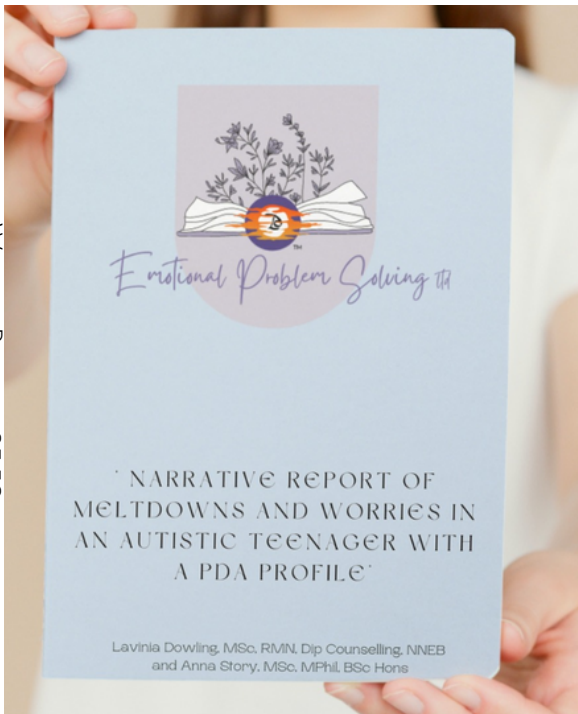
BIRTHDAY TIME

It is rather apt timing as we are closed on Monday because it is John's Birthday! What a way to celebrate! Congratulations again, John. Happy Birthday for Monday! We hope you have a fab weekend celebrating! Have a great weekend, everyone.

Have a great weekend everyone!

Levinia

Don't forget World Book Day this Sunday!



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To get your own copy email us at info@the-m-wordcic.co.uk
TO Be Myself Wellness Journal £10.50